

Get firmer, smoother, more evenly toned skin

BEFORE - rough, uneven tone AFTER pulsed light treatment

BEFORE - rough, uneven tone AFTER fruit acid facial

You can get firmer, smoother, more even-toned skin using pulsed light or fruit acid facials.

About Pulsed Light About Fruit Acid Facials

About pulsed light Pulsed light systems are similar to lasers, but produce larger beams of light for wider coverage and faster, more comfortable treatments.

Without damaging the skin, pulses of intense light are directed into and absorbed by the skin, causing collagen and blood vessels beneath to constrict, tightening and smoothing the skin's surface. Collagen is the layer that serves as a support structure for the overlying layers of your skin, and wrinkles form in the areas where natural collagen diminishes. The procedure treats all skin types quickly, comfortably, and non-invasively.

The procedure improves the general texture of the skin, but is not effective on deeper wrinkles or deep scars (fractional lasers or cosmetic fillers are used for that).

Our pulsed light equipment delivers energy to the skin over a relatively long period of time without overheating the outer layer of skin. This makes the pulses safer and more comfortable. You may experience a feeling similar to that of a rubber band being snapped on the skin, but most people do not report this sensation as painful. We may use a topical anesthetic to maximize your comfort.

You may experience temporary redness and a mild sunburn-like effect that may last a few hours to a few days. In rare instances, temporary swelling and/or blistering may occur.

You can resume your regular activities immediately.

For optimal results, a series of three to six treatments spaced 14 to 28 days apart is recommended. Talk to the doctor about how long results may last for you.

About fruit acid facials Glycolic fruit acid facials, or "peels," work by removing sun-, smoke-, or pollution-damaged skin, exposing fresh skin with a rosier color and smoother texture. Once applied, glycolic acid (alpha hydroxy acid) reacts with the outer layer of the skin, dissolving dead cells to reveal the underlying skin. The facial can reduce wrinkles and fine lines, as well as improve the color and texture of the skin.

The peel takes about 20 minutes to perform, and you are able to resume your normal daily routine immediately following the treatment.

For optimal results, a series of three to six treatments spaced three weeks apart is recommended. Follow-up treatments may be needed to maintain results.

One week prior to treatment, avoid sun exposure and electrolysis, waxing, and depilatory creams. Three days prior, avoid any Retin-A, Renova, Differin, Tazorac, products containing Retinol, alpha-hydroxy acids, beta-hydroxy acids, benzyl peroxide, and any exfoliating products. Do not shave the area to be peeled on the day of the peel.

You may experience some irritation and short-term sun sensitivity after the facial. Avoid sun exposure and strenuous exercise for two to three days following, along with other precautions the doctor or nurse will tell you about.

<http://www.skinmedicaaesthetics.com/products/peels/vitalize-peel>